

Golf Instruction with Golf and Fitness Specialist: Jake Curtier-PGA Apprentice

“Your swing mechanics are an exact mirror of your body mechanics!”

Analyze your swing...

- Posture: How do you carry your body on and off the course?
- Power: Is your body locked and loaded for explosion? Or is it disconnected and inefficient, leading to a significant lack of power?
- Stability: Are you able to maintain your balance to the finish of your swing?
- Mobility: Do you have sufficient mobility through your joints to create a dynamic swing with a full range of motion?

“Movement quality for performance quality”

To schedule a hourly or playing lesson, contact Jake Curtier at:
(661)733-1180 or butter4golf@yahoo.com

50% off 1st lesson for all new clients.

